

## Patient Protection Provider Disclosure

Both Kaiser and Blue Shield require the designation of a primary care provider. You have the right to designate any primary care provider who participates in their network and who is available to accept you or your family members. Until you make this designation, Kaiser and Blue Shield may designate one for you, and you can change that selection. For information on how to select a primary care provider, and for a list of the participating primary care providers, contact Kaiser or Blue Shield. For children, you may designate a pediatrician as the primary care provider.

Primary Care Providers may be:

- General practitioners
- Family practitioners
- Internists
- Obstetrician/gynecologists; or
- Pediatricians

For a list of participating providers, please contact Kaiser or Blue Shield.